



TALKS & SEMINARS —

In person or virtual

Customizable 60/90-minute, half-day & full-day programs

01



SPEAK TO LEAD – *Make It Memorable*

Whether presenting research, speaking at a medical conference, leading a team meeting, or stepping onto a keynote stage, Eva teaches a science-backed structure for presentations that create emotional peaks, uncover the essence of a message, and compel audiences to action.

02



THE APOLOGY SHIFT – *Lead without Apology Female Focused*

Born from Eva DeVirgilis's acclaimed **TEDx** talk that sparked a global conversation, *The Apology Shift* is an interactive, cathartic exploration of why, when, and how we apologize—and what our language communicates about authority. Eva helps audiences break the habit of unnecessary apology, communicate with greater confidence, and know when to say “I’m sorry”—and when to say something better.

03



THE ASK – *Building Your Rejection Resilience Female Focused*

Negotiate your way to a “Yes” as you learn to embrace “No.” Learn evidence-based strategies to navigate rejection, advocate for your ideas, pursue leadership opportunities, and make the BIG Ask. In this session, you’ll use the 5-Step Framework to CRAFT, DRAFT & make your Ask to other workshop participants and garner valuable real-time feedback.

04



I’VE GOT YOUR BACK – *Creating Joyful & Resilient Teams with Humor*

Looking to cultivate more group cohesion, communication, and joy with your team? Join the list from Fortune 50 companies to healthcare leaders and government agencies who have laughed and learned their way to better communication through the Golden Rules of Improvisational Comedy. Eva will guide participants on how to ‘play’ to the top of their integrity and intelligence, while establishing group confidence, synchronicity, and most importantly, fun.

05



CREATIVE LEADERSHIP – *Make them feel something, in an AI World*

Creativity may be one of our greatest human advantages in an AI world. Drawing on recent scientific research and lessons from artists, poets, and Nobel laureates, Eva DeVirgilis explores how creativity, story, curiosity, and connection can help leaders build trust, inspire action, and make people feel something.

Eva DeVirgilis is a creative strategist, keynote speaker, and communication consultant who helps leaders communicate in ways that make people feel seen, connected, and compelled to act.

Drawing on twenty years in film, television, and comedy, she brings a distinctly creative approach to leadership and communication. Her work spans healthcare, business, and academia, helping physicians, executives, and thought leaders become more dynamic, memorable, and human communicators.

Frequently tapped as the closing keynote, Eva has earned a reputation for doing what a great closer should: bringing the room together and reinforcing key conference takeaways so audiences leave energized, connected, and inspired.

